



HELLO  
GORGEOUS

EPIC  
AT WORK



QUICK  
ONE?



# WELCOME

CHOOSE TO HAVE AN EPIC WORK DAY

When you have busy days full of meetings surely the most exciting part of your day is lunch time.

At Epic, we make our working lunches fun, healthy & tasty.  
We have a full range of delicious options, from artisan breads, fresh pastries, beautiful savoury bites, & little sweet treats.

All buffets are delivered using disposable, recyclable packaging, napkins are also included.

If you wish for buffets to be packed individually or have plates & cutlery provided, please let us know and we can arrange this for a small fee.

Delivery is free in the Cardiff area, outside of Cardiff there is a delivery fee subject to location

Prices are based on a minimum order of 10 clients  
Please make us aware of any allergens of food intolerances when booking.

---

Simply email us your order giving us as much notice as possible for us to fulfil your requests

We can do our best to help with short notice orders also.

**Contact us**  
**Email: [office@epiccaterers.com](mailto:office@epiccaterers.com)**  
**Call: 0345 521 0123**

---

ALL PRICES ARE SUBJECT TO VAT



# BREAKFAST ***BUFFET***

Freshly baked croissants, butter & jam

Fruit platter

Breakfast flapjacks

**£5.95**

-----

Ham & cheese filled croissants, breakfast chutney

Danish selections

Fresh yoghurt & blueberry compote

Fruit platter

Breakfast flapjacks

**£9.95**

-----

Soft breakfast rolls

Filled with a choice of bacon or sausage, or egg served  
with condiments

**From £4.95**

Vegetarian, vegan and dietary alternatives available on request



# HOT BOXES

**Delivered hot and ready for you to enjoy**  
*(only delivered within a 15-mile radius)*

Peri peri chargrilled chicken breast, oversized spiced  
Mediterranean cous cous, flatbread & cucumber yoghurt

-----

Gourmet pulled chilli beef brisket, macaroni & cheese pasta  
base, topped with crushed nachos & pickled Mexican salsa

-----

Katsu chicken, sticky jasmine rice, pink ginger salad, sweet  
curry sauce

-----

Steak & ale pie, cheesy mashed potato & rich onion gravy

-----

Sri Lankan chickpea & sweet potato curry, spicy rice,  
chickpea, and spinach bon bons (V, VE)

-----

Served with disposable cutlery & napkins

**£11.95 each**





# BUFFET *LUNCH*

3 different sandwich fillings on chefs' daily bread

2 savoury selection

2 mini desserts

fruit platter

**£12.50 or chefs selection £11.50**

-----

3 different sandwich fillings on chefs' daily bread

3 savoury selections

2 mini desserts

fruit platter

**£14.00 or chefs selection £13.00**

-----

4 different sandwich fillings on chefs' daily bread

4 savoury selections

2 mini desserts

fruit platter

**£16.50 or chefs selection £15.50**



LUNCH  
LUNCH  
LUNCH  
LUNCH  
LUNCH





# BUFFET LUNCH

## CHOICES

### **Sandwich choices**

Chicken Caesar, crisp little gem, smoked bacon, parmesan shavings & Caesar dressing

Cheddar cheese, crispy little gem, onion chutney & sliced tomato (V)

Hand carved ham salad, whole grain mustard mayonnaise

Lightly spiced falafel, hummus, crispy gem lettuce (V, VE)

BBQ beef brisket, sour cream, & rocket

Flaked tuna, chive mayonnaise and crunchy cucumber

-----

### **Savoury selection**

Home made pork & apple sausage rolls

Mushroom, leek, spinach, tomato & chickpea rolls (V, VE)

Rainbow vegetable spring rolls & sweet chilli dipping sauce (V, VE)

Red pepper and goats cheese tartlets (V)

Mini beef pies

Mac 'n' cheese bites & dipping sauce (V)

Filo wrapped prawns & lemon crème fraiche

Crudities with flavoured hummus (V, VE)

Selection of crisps

-----

### **Mini desserts**

Chocolate brownie (VE)

Cherry Bakewell slice

New York cheesecakes

Welsh cakes

Lemon drizzle cakes

Flapjacks (VE)



## ADD ON **DRINKS**

### **Bottled drinks**

Elderflower Presse  
Raspberry Lemonade  
Ginger beer  
Orange juice  
Apple juice

**£3.00 each**

-----  
**1 litre jugs**

Orange juice  
Apple juice

**£3.50 per jug**



KEEP ON  
**ROLLING**



EPIC  
AT WORK

Contact us

Email [office@epiccaterers.com](mailto:office@epiccaterers.com)

Call: 0345 521 0123