



**HELLO
GORGEOUS**

WELCOME

CHOOSE TO HAVE AN EPIC WORK DAY

When you have busy days full of meetings surely the most exciting part of your day is lunch time. At Epic, we make our working lunches fun, healthy & tasty. We have a full range of delicious options, from artisan breads, fresh pastries, beautiful savoury bites, & little sweet treats.

All buffets are delivered using disposable, recyclable packaging, napkins are also included.

If you wish for buffets to be packed individually or have plates & cutlery provided, please let us know and we can arrange this for a small fee.

Delivery is free in the Cardiff area, outside of Cardiff there is a delivery fee subject to location

Prices are based on a minimum order of 10 clients.

Please make us aware of any allergens or food intolerances when booking.

Simply email us your order giving us as much notice as possible for us to fulfil your requests

We can do our best to help with short notice orders also.

Contact us

Email: office@epiccaterers.com

Call: 0345 521 0123

All prices are subject to vat

EPIC
AT WORK



BREAKFAST *BUFFET*

Freshly baked croissants, butter & jam
Fruit platter
Breakfast flapjacks

£6.35

Ham & cheese filled croissants, breakfast chutney
Danish selections
Fresh yoghurt & blueberry compote
Fruit platter
Breakfast flapjacks

£10.50

Soft breakfast rolls
Filled with a choice of bacon or sausage, or egg served with condiments
From £5.45

Vegetarian, vegan and dietary alternatives available on request



HOT BOXES

Delivered hot and ready for you to enjoy

(only delivered within a 15-mile radius)

Peri peri chargrilled chicken breast, oversized spiced Mediterranean cous cous, flatbread & cucumber yoghurt

Gourmet pulled chilli beef brisket, macaroni & cheese pasta base, topped with crushed nachos & pickled Mexican salsa

Katsu chicken, sticky jasmine rice, pink ginger salad, sweet curry sauce

Steak & ale pie, cheesy mashed potato & rich onion gravy

Sri Lankan chickpea & sweet potato curry, spicy rice, chickpea, and spinach bon bons (V, VE)

Gourmet Lasagne with Garlic Bread

Artisan Meat Feast, Wood Fired Pizza

Served with disposable cutlery & napkins

£12.95 each



BUFFET *LUNCH*

3 different sandwich fillings on chefs' daily bread
2 savoury selection
2 mini desserts
fruit platter

£13.50 or chefs selection £12.50

3 different sandwich fillings on chefs' daily bread
3 savoury selections
2 mini desserts
fruit platter

£16.00 or chefs selection £14.50

4 different sandwich fillings on chefs' daily bread
4 savoury selections
2 mini desserts
fruit platter

£17.50 or chefs selection £16.50



LUNCH
LUNCH
LUNCH
LUNCH
LUNCH



BUFFET LUNCH CHOICES

SANDWICH CHOICES

Chicken Caesar, crisp little gem, smoked bacon, parmesan shavings & Caesar dressing

Cheddar cheese, crispy little gem, onion chutney & sliced tomato (V)

Hand carved ham salad, whole grain mustard mayonnaise

Lightly spiced falafel, hummus, crispy gem lettuce (V, VE)

BBQ beef brisket, sour cream, & rocket

Flaked tuna, chive mayonnaise and crunchy cucumber

SAVOURY SELECTION

Home made pork & apple sausage rolls

Mushroom, leek, spinach, tomato & chickpea rolls (V, VE)

Rainbow vegetable spring rolls & sweet chilli dipping sauce (V, VE)

Red pepper and goats cheese tartlets (V)

Mini beef pies

Mac 'n' cheese bites & dipping sauce (V)

Filo wrapped prawns & lemon crème fraiche

Crudities with flavoured hummus (V, VE)

Selection of crisps

MINI DESSERTS

Chocolate brownie (VE) | Cherry Bakewell slice | New York cheesecakes | Welsh cakes | Lemon drizzle cakes | Flapjacks (VE)



ADD-ON *DRINKS*

Bottled drinks

Elderflower Presse

Raspberry Lemonade

Ginger beer

Orange juice

Apple juice

£4.00 each

1 litre jugs

Orange juice

Apple juice

£4.50 per jug

JUICY!





KEEP ON *ROLLING*

CONTACT US

Email office@epiccaterers.com

Call: 0345 521 0123

